



Yes **No**

Do you have at least one smoke alarm on every level of your home, outside each sleeping area, and inside each bedroom?

Have smoke alarms installed for each of these areas. Make sure alarms are interconnected so that when one sounds they all sound. If you are deaf or hard of hearing, special alarms are available.

Yes **No**

Do you test your smoke alarms monthly?

Have someone test your smoke alarms once a month by pushing the test button. Batteries should be changed at least once a year or whenever the alarm "chirps" to tell you that the battery power is low. Replace all smoke alarms when they are 10 years old.

Yes **No**

If there was a fire in your home, would you know how to get outside?

In a fire, get outside as quickly as you can and stay outside. Once you have escaped a fire, call the fire department from a neighbor's phone or a cell phone.

Yes **No**

Do you know two ways out of every room?

If possible, know two ways out of every room in your home and two ways out of the home. Make sure windows and doors open easily. Windows with security bars, grills, and guards should have emergency release devices. Make sure furniture and other heavy objects are not blocking your exits. If you must escape through smoke, stay low and go under the smoke to your way out.

Yes **No**

Have you included anyone with a disability in your home in your escape planning and determined what assistance they would need to get out in an emergency?

Include everyone in your home in the planning process. Develop your escape plan for their abilities. Practice the plan at least twice a year both during the day and at night.

Yes **No** **N/A**

Have you provided smoke alarms and alert devices (strobe lights or bed/pillow shakers) for people in your home who are deaf or hard of hearing?

Smoke alarms and alert devices are available for people who are deaf or hard of hearing. Strobe lights throughout the home are activated by smoke alarms and alert people who are deaf to fire conditions. A high-intensity strobe light along with a pillow/bed shaker can wake them up and alert them to fire conditions so they can escape. Smoke alarm alert devices also are available for people who are hard of hearing. These accessories, which are activated by the sound of the smoke alarm, produce a loud, mixed low-pitched sound. People who are hard of hearing also may find a pillow/bed shaker helpful in waking them up.

Yes **No**

Do you know the emergency number to call in case of fire?

Memorize this number. It may be 9-1-1 or the fire department's phone number. Once you escape, you will need to call from a neighbor's phone or a cell phone.

Yes **No**

Do you have a telephone in your bedroom?

Have a telephone in your bedroom or close to where you sleep and post the local emergency number nearby in case you are trapped by smoke or fire.

Yes **No**

Do you have a medical alert button?

Consider having this device for access to help in an emergency.

Yes **No**

Do you have carbon monoxide alarms in your home?

Install a carbon monoxide alarm outside each sleeping area and on every level of your home. Test the alarms monthly. If you cannot reach the alarm safely, ask for help.

